

Track My Read

Did you know that choosing to read is one of **THE** best things you can do for yourself?

Research shows that:

- Reading each day can help you to improve in **all** school subjects
- Reading for just 6 minutes a day can reduce stress by 68%
- If you read for fun regularly, you are more likely to do well at GCSEs

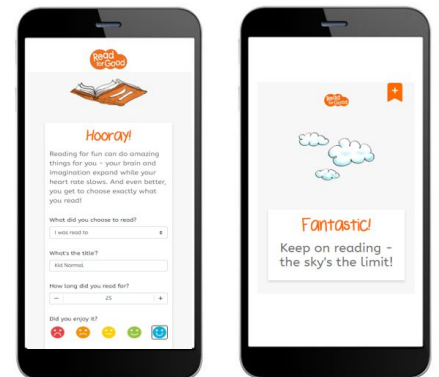
And it's fun! There are so many great books and stories out there - what will you choose?

Track My Read is like Strava or a FitBit for reading and we want you to get involved!

We've set ourselves a reading target as a school, and we need you to help us SMASH IT!

You'll be given a unique URL link with a few short questions to complete each time you've spent some time reading for fun:

- Go to the unique link provided by the school (on any device with internet access)
- Bookmark or save the link so that you can easily use the link again and again
- Answer a few simple questions:
 - What did you choose to read? (from a dropdown list including audio book, comic, book etc.)
 - What's the title?
 - How long did you read for?
 - Did you enjoy it? (a choice of 5 emojis)



Your teacher will see what you answer, but no-one else will. But between us, we want to smash our reading minutes target.

Please complete Track My Read each time you read something for fun.

Happy reading!