

Track My Read – Helping children to love reading!

Reading for pleasure – whether reading on their own or sharing a story – is one of the best ways a child can spend their time.

Research shows that:

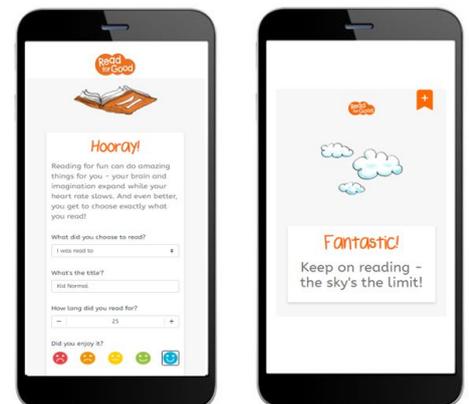
- Reading each day can help children improve in all their school subjects
- Reading for just 6 minutes a day can reduce stress by 68%
- Children who read for pleasure are more likely to do well at GCSEs

Choosing to read provides all sorts of benefits – it's comforting, relaxing, reduces anxiety, builds empathy and understanding and aids learning... but above all it's fun!

Track My Read is a new tool from national charity, Read for Good, designed to encourage children to read for pleasure regularly and to help parents know what they enjoy reading.

Originally designed for schools, Track My Read works equally well for families or other teams. It's really easy to set up:

- Go to www.trackmyread.org
- Sign in with Google (you can use any email address)
- Create a Track My Read – just enter your group's name where it asks for the School Name
- Type in the names of everyone taking part
- Once you've set up your tracker, go to Participants where you can share a link with everyone taking part
- Send participants their unique URL, and they'll be invited to answer a few simple questions:
 - What did you choose to read? (from a dropdown list including audio book, comic, book etc.)
 - What's the title?
 - How long did you read for?
 - Did you enjoy it? (a choice of 5 emojis)
- Ask everyone to bookmark their link, so that they can enter their reading every day.
- You'll be able to see what everyone read, for how long and how much they enjoyed it in the Results section, helping you to choose the next good read!



For more support and information www.readforgood.org/track-my-read-faq

Happy reading!

www.readforgood.org