

## Track My Read – Helping children to love reading!

Reading for pleasure – whether reading on their own or sharing a story – is one of the best ways a child can spend their time.

Research shows that:

- Reading each day can help children improve in all their school subjects
- Reading for just 6 minutes a day can reduce stress by 68%
- Children who read for pleasure are more likely to do well at GCSEs

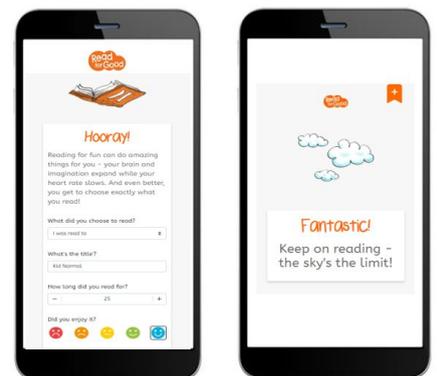
Choosing to read provides all sorts of benefits – it's comforting, relaxing, reduces anxiety, builds empathy and understanding and aids learning... but above all it's fun!

**Track My Read is a new tool from national charity, Read for Good,** designed to encourage pupils to read regularly and to help schools understand more about what and how pupils want to read.

We've set our pupils a reading challenge as a group – to read a certain number of minutes – and we'd like your child to participate. The organising teacher will see your child's responses, but no-one else will.

**Your child will be given a unique URL link with a few short questions to complete each time they've spent some time reading for fun:**

- Go to the unique link provided by the school (on any device with internet access)
- Bookmark or save the link so that they can easily use the link again and again
- Answer a few simple questions:
  - What did you choose to read? (from a dropdown list including audio book, comic, book etc.)
  - What's the title?
  - How long did you read for?
  - Did you enjoy it? (a choice of 5 emojis)



Please encourage your child to complete this each time they read anything for fun. They will see different encouraging messages as they report their reading, and they will be contributing to the school's reading target.

**Happy reading!**

For more information on Track My Read visit [www.readforgood.org/track-my-read](http://www.readforgood.org/track-my-read).